



Ministry of Health of the Russian Federation

**Federal State Budgetary Educational Institution of  
Higher Education  
North-Western State Medical University named after I.I. Mechnikov  
under the Ministry of Health of the Russian Federation**

(FSBEI HE NWSMU named after I.I. Mechnikov under the Ministry of Health of Russia)

**PASSED by**

Academic Board of  
FSBEI HE NWSMU  
named after I.I. Mechnikov under the  
Ministry of Health of Russia  
August 31, 2022,  
Minutes No. 10

**APPROVED**

By order of the Rector of  
FSBEI HE NWSMU  
named after I.I. Mechnikov under the  
Ministry of Health of Russia  
dated August 31, 2022 No. 1724-O

**APPROVED**

At the meeting of the Council of Students  
of FSBEI HE NWSMU named after I.I. Mechnikov  
under the Ministry of Health of Russia  
Minutes No. 52 dated August 29, 2022

\_\_\_\_\_ Kh.M. Temurziyeva

\_\_\_\_\_ 2022

**Regulations  
on the students' mode of education  
of FSBEI HE NWSMU named after I.I. Mechnikov under the Ministry of Health Russia**

1. These Regulations on the students' mode of education at FSBEI HE NWSMU named after I.I. Mechnikov under the Ministry of Health of Russia (hereinafter referred to as the "Regulations") were developed in accordance with Federal Law No. 273-FZ dd. December 29, 2012 "On Education in the Russian Federation", order of the Ministry of Education and Science of Russia No. 245 dated April 06, 2021 "On the approval of the Procedure for the organization and implementation of educational activities in higher education academic programs – bachelor's degree, specialist's degree, master's degree programs", order of the Ministry of Education and Science of Russia No. 1258 dd. November 19, 2013 "On the approval of the Procedure for the organization and implementation of educational activities in higher education academic programs – residency programs", order of the Ministry of Education and Science of Russia No. 1259 dd. November 19, 2013 "On the approval of the Procedure for the organization and implementation of educational activities in higher education academic programs – programs for education of academic and teaching staff in the postgraduate studies programs (postgraduate studies in a military college)", Decree of the Government of the Russian Federation No. 2122 dd. November 30, 2021 "On the approval of the Regulations on training of academic and academic and teaching staff in postgraduate programs (postgraduate studies in a military college)", order

of the Ministry of Education of Russia No. 196 dated November 09, 2018 “On the approval of the Procedure for the organization and implementation of activities in additional general education programs”, other regulatory legal acts, Charter of FSBEI HE NWSMU named after I.I. Mechnikov under the Ministry of Health of Russia (hereinafter referred to as the “University”), internal rules of conduct for the students of the University.

2. The mode of classes of the students of the University is regulated by the curriculum of the academic program and the academic curriculum.

3. The academic year in the University for the students with the intramural form of study begins on September 1. The University can postpone the start of the academic year for the students with the intramural form of study by no more than two months. For the mixed and extramural form of study the start date of the academic year is set by the University.

4. The academic schedule determines the duration of each semester in weeks, the numbering of weeks with dates, the number of days (weeks) of midterm assessment, final (state final) examination, practical training and holidays.

5. The academic year is divided into 2 semesters (half-year), each of which ends with midterm assessment in the form provided for by the curriculum.

6. The total duration of holidays during the academic year, unless otherwise established by the federal state educational standard of higher education, or federal state requirements, is:

6.1. under bachelor’s degree, specialist’s degree and master’s degree programs:

if the duration of the academic year is more than 300 calendar days – not less than 49 calendar days and not more than 70 calendar days;

if the duration of the academic year is not less than 100 calendar days and not more than 300 calendar days – not less than 21 calendar days and not more than 49 calendar days;

if the duration of the academic year is less than 100 calendar days – not more than 14 calendar days;

6.2. for residency programs – not less than 6 weeks;

6.1. for postgraduate study programs – not less than 6 weeks and not more than 8 weeks.

7. The educational process in higher education academic programs and additional professional programs is not carried out on non-working holidays. Education under additional general education programs is carried out throughout the calendar year, including vacation time and non-working holidays.

8. After passing the final (state final) examination, students under the higher education academic programs are provided with vacations based on their application within the period of mastering the corresponding academic program, after which the students are delisted in view of completion of their education.

9. The University, in accordance with the curriculum and academic schedule before the start of the educational process according to the part of the academic program determined by the curriculum, shall prepare a schedule of learning sessions held in the form of face-to-face learning for the period of mastering part of the academic program.

10. The University conducts classes lasting no more than 90 minutes with breaks between classes of at least 5 minutes. The duration of classes in the form of practical training is set by the University independently.

11. For all forms of academic studies, the academic hour is 45 minutes.

12. The schedule of learning sessions is drawn up according to the following schedule:

12.1. for students in bachelor’s degree, specialist’s degree, master’s degree, residency programs:

Lecture-type classes	1	09:00–09:45 09:50–10:35
	2	10:55–11:40 11:45–12:30
	3	13:10–13:55 14:00–14:45

	4	15:00–15:45 15:50–16:35
	5	16:45–17:30 17:35–18:20
Seminar-type classes	Morning	09:00–10:30 10:45–12:15
	Evening	13:10–14:40 14:55–16:25
		16:45–18:15 18:30–20:00
		18:35–20:05 20:10–21:40

12.2. for students learning under the programs of preparation of academic and teaching staff as part of postgraduate study:

Lecture-type classes	1	10:00–10:45 10:50–11:35
	2	16:00–16:45 16:50–17:35
	Teaching in disciplines History and Philosophy of Science, Medical and Biological Research – the Basis of Evidence-Based Medicine	16:30–17:15 17:20–18:05
Scientific and Practical Classes	Morning	11:40–12:25 12:30–13:15 13:20–14:05 14:10–14:55
	Evening	17:40–18:25 18:30–19:15 19:20–20:05 20:10–20:55
	Medical and Biological Research – the Basis of Evidence-Based Medicine	18:10–18:55 19:00–19:45 19:50–20:35 20:40–21:25
Scientific and practical classes in the discipline “Foreign Language”	Evening	16:30–17:15 17:20–18:05 18:10–18:55 19:00–19:45
Seminars	Evening	18:10–18:55 19:00–19:45 19:50–20:35 20:40–21:25

12.3. for students in additional general education programs:

Lecture-type classes	1	09:00–09:45
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		09:50–10:35
	2	10:55–11:40 11:45–12:30
	3	13:10–13:55 14:00–14:45
	4	15:00–15:45 15:50–16:35
	Career guidance course	16:30–18:45
	Evening	18:00–19:30
Seminar-type classes	1	09:00–10:30 10:45–12:15
	2	10:55–11:40 11:45–12:30
	3	13:10–13:55 14:00–14:45
	4	15:00–15:45 15:50–16:35
	Evening	19:30–21:00
Lecture-type classes (Sunday)	1	10:00–11:30
	2	13:30–15:00
Seminar-type classes (Sunday)	1	11:30–13:00
	2	15:00–16:30
Classes using e-learning and distant learning technologies	Period of assimilation of general education program	

12.4. for students in additional vocational education programs:

Lecture-type classes	1	09:00–09:45 09:50–10:35
	2	10:55–11:40 11:45–12:30
	3	13:10–13:55 14:00–14:45
	4	15:00–15:45 15:50–16:35
	5	16:45–17:30 17:35–18:20
Seminar-type classes	Morning	09:00–10:30 10:45–12:15
	Evening	13:10–14:40 14:55–16:25
		16:45–18:15 18:30–20:00
Practical classes	Morning	11:40–12:25 12:30–13:15 13:20–14:05 14:10–14:55
	Evening	17:40–18:25 18:30–19:15 19:20–20:05

		20:10–20:55
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13. The start and end times of the learning sessions held at the clinical sites of the University (hereinafter referred to as “on-site training sessions”) may be changed taking into account the remoteness of the sites. The change in the schedule is approved by the head of the educational department on the basis of a memo from the head of the department, agreed depending on the programs being implemented with the dean of the faculty (director of the institute) / with the head of the residency department / head of the postgraduate and doctoral department. Information on the time of the start and end of the on-site training sessions is brought to the attention of students through placement on information stands and in electronic information and educational environment of the University (hereinafter referred to as “EIEE of the University”).

The schedule of on-site training sessions is drawn up according to the following schedule:

Seminar-type classes	Morning	09:00–10:30
		10:45–12:15
	Evening	13:30–15:00
		15:15–16:45
		17:05–18:35
		18:50–20:20

14. Free attendance by the students of classes at the University is not provided for.

15. When implementing the educational process by the University in the conditions of ensuring the implementation of measures aimed at preventing the spread of new coronavirus infection (COVID-19) at the University, in the event of exceptional circumstances due to the introduction in accordance with federal law and (or) regional legislation (regulatory legal acts of St. Petersburg) of the restrictive measures that prevent students from personally attending the University, and in the presence of appropriate recommendations of public authorities or the highest official of St. Petersburg, the University issues an administrative act regulating the specifics of conducting lecture and seminar classes in a distant format using the electronic information and educational environment of the University, subject to the grounds, conditions and requirements stipulated by these Regulations and other local regulations of the University.

The time of classes is established in the schedule of classes approved by the Vice-Rector for Academic Affairs (for residency programs – the head of the department).